

Dad Central Réseau Papa

MANITOBA

WHAT DOES DAD CENTRAL DO?

Dad Central Canada is a National Network that supports fathers in their key role in raising healthy children. Our Objectives are:

- To identify and establish best practices across Canada and around the world that connect and enhance fatherhood services.
- To support provincial and local efforts focused on engaging fathers by being a portal for information, education and research for fatherhood initiatives.
- To be an advocate on issues affecting fatherhood on a national scale.



SOME RESOURCES FOR YOU AND THE FAMILIES YOU WORK WITH:

- 24 Hour Crib side Assistance - a site for dads, by dads <http://www.newdadmanual.ca/index.php>
- Cues and Clues Child Development Tip Sheets for fathers <https://mydadmatters.wordpress.com/my-child-matters/>
- It is importance to have good information about father involvement and how it impacts children, fathers, and community services. These fact-sheets are meant to do just that. <https://mydadmatters.wordpress.com/resources/>

Follow us on twitter at

<https://twitter.com/DadCentralMB>

https://twitter.com/dadcentral_can

for #fatherfacts and other useful information!





NOBODY'S PERFECT PARENTING MANITOBA

By bringing awareness about the importance of fathers in the healthy development of children, and building capacity of our Nobody's Perfect (NPP) facilitators, more dads are being encouraged to attend a group! The connection of Nobody's Perfect Parenting Manitoba working with Dad Central has promoted the program across Manitoba. There has been an overall increase in fathers attending a NPP group this year. Facilitators asked for support on how to engage fathers in their programs. In response to the need, the NPP Manitoba Steering Committee supported the work of the provincial coordinator to help build skills and knowledge of the NPP facilitators and trainers. By being committed to excellence, not only does she facilitate workshops for NPP facilitators, she also presents and collaborates with other family service providers and coordinators in the province and across Canada.

The biggest highlight this year for Nobody's Perfect Manitoba was helping Dad Central host the National Fatherhood Conference in March of 2017. This was a great opportunity not only to build capacity in facilitators, but to highlight the work NPP does across the province and nation. The Winnipeg Free Press reported that front-line social service workers wrapped up a sold-out conference that focused on everything about being a dad. The Second Canadian National Fatherhood Conference brought together 185 clinicians, social services and front-line workers as well as non-profit agency staff from across Canada to Winnipeg. They wrote that the provincial coordinator for Nobody's Perfect and Dad Central Manitoba said Winnipeg hosted the event after agencies here noticed men showing up and asking for parenting support in growing numbers. "We're seeing more dads come to our groups" Paterson-Payne said. Capacity building skills were so popular, Paterson-Payne organized a total of six workshops for service providers last year in her day job as provincial coordinator of Nobody's Perfect, a parenting program sponsored as a community resource by the Public Health Agency of Canada. (Alexandra Paul, Winnipeg Free Press 03/03/2017)

We were awarded a substantial grant this year from the Winnipeg Foundation to support Dads!

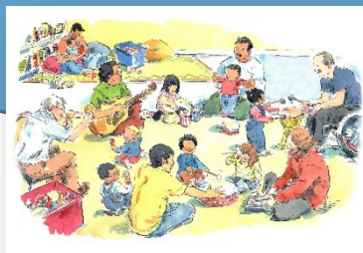


Project Summary:

The Dads engaging Dad's project will help to inform Winnipeg families on the importance of father involvement and how fathers improve children's health outcomes. This will be done through development of educational resources and running of Nobody's Perfect dad's groups, implemented by trained volunteer 'peer champions' through partner agencies and mentor NPP facilitators.

What does this mean for you as a potential agency? In the fall, more information will sent out, but, this means we are able to help 10 Winnipeg agencies to train men and then offer a Nobody's Perfect Dads group as a co-facilitator with you. We will be able to offer programming money for implementation, parent kits for free, dad's resources and other free professional learning opportunities for you and your mentee facilitator!

Stay tuned and don't miss out on the chance to be involved in this community development project!



"I learned how important it is for kids to have a routine. I also learned how important is to spend time with my kids and then they actually behave better!" – NPP participant dad

What are you doing as to help parents understand the important role fathers and other positive male role models play in the healthy outcomes of children? Check out [My Dad Matters](#).

DID YOU KNOW?



Children with positively involved fathers experience increased emotional well-being, including higher levels of secure attachment, resilience, problem-solving, adaptive skills, and emotional regulation.




Children with positively involved fathers tend to have greater social competency and capacity for healthy relationships, including higher levels of reciprocity, empathy, generosity and peer acceptance, and lower levels of aggression and conflict.



THERE'S A **DAD** FOR THAT.

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DCMB wants to spread the word.....Send us your resources, training info and notice of family events, dads groups.....

For more information on Dad Central Manitoba Network
Carmen Paterson-Payne – Dad Central Manitoba Rep
Contact us at manitoba@dadcentral.ca

Twitter: @dadcentralmb
Facebook: Dad Central Manitoba

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