Welcome to Webinar # 459
December 2, 2015  1:30 – 3:00 PM Eastern Time
(Teleconference open for participants at 1:20 ET)

Nobody’s Perfect – Engaging Dads in Parenting Programs

Jeff McLean, Supervisor, Abby Dads Program, Abbotsford Community Service
Brian Russell, Provincial Coordinator, Dad Central Ontario
Patrick Dillon, Provincial Coordinator, Alberta Fatherhood Involvement Initiative

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University of Ottawa
Housekeeping: how a webinar works...

**Step #1: Teleconference**  
All Audio by telephone

- If your line is ‘bad’ – hang up and call back in
- Participant lines muted
- Recording announcement

**Step #2: The Internet Conference** *(via ‘ADOBE CONNECT’)*

*No audio via internet*  ![No symbol]

- SEE the PowerPoint being shown.
- Post your comments/questions.
- See postings from your colleagues.
- Join in the interactive polls.

*Difficulties? You can still participate!* *(use the back up PowerPoint - post your comments via email)*

**Step #3: Back up PowerPoint Presentation**

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How to post comments/questions during the webinar

Joining in by Telephone + Adobe Connect Internet Conference

Use the text box!

Joining by Telephone + Backup PowerPoint

Respond to the ‘access instructions email animateur@chnet-works.ca

Please introduce yourself!

- Name
- Organization
- Location
- Group in Attendance?
Jeff McLean

Supervisor, Abby Dads Program
Abbotsford Community Service

Jeff has been professionally involved with families for the last 15 years in both BC and Alberta. He understands many of the current issues faced by parents and families, as he and his wife Kristi have three children, ages 15, 13, and 11. He currently supervises both Abby Dads and Family Centre, and has worked with fathers directly for the last 10 years. It has been a privilege for him to present to communities across Western Canada on healthy paternal involvement. His passion is to encourage men to take a risk and participate actively in the lives of their children.
Brian Russell

Provincial Coordinator
Dad Central Ontario

Brian supports fathers in his community through programs and services geared to encouraging the bond between dads and kids. He is married with three daughters.
Patrick Dillon

Provincial Coordinator
Alberta Fatherhood Involvement Initiative

Patrick has been working for children and families for over 25 years. He began his career as a Youth Worker in Vancouver, BC and now as a Provincial Coordinator, the position he has been in since April 2011.

He has the opportunity to hold a wide variety of positions, at all levels, in the human services field. During his career, he spent 7 years being a firefighter.

In his current role, he works with various organizations and fathers from across the province to encourage fathers to be involved with their families and communities. He is very proud of the work that has been done and enjoys working with the many people that are passionate about building healthy families.
What province/territory are you from?

Answer via Adobe Connect Poll
OR RSVP to access instruction email

- BC
- AB
- SK
- MB
- ON
- QC
- NB
- NS
- PEI
- NL
- YK
- NWT
- NU
- Other
Who is joining in?

Adobe Connect Poll
OR RSVP to access instruction email

✓ What sector are you from?
  ✓ Public Health
  ✓ Education
  ✓ Research
  ✓ Govt/Ministry
  ✓ Health practitioner
  ✓ NGO
  ✓ Other?
Who is joining in?

Adobe Connect Poll
OR RSVP to access instruction email

• **What is your role?**
  - Research
  - Practitioner
  - Manager
  - Decision Maker
  - Policy Maker
  - Community Leader
  - Other
Opening Remarks
Maternal and Child Health Unit
Public Health Agency of Canada
Nobody's Perfect: Engaging Dads In Parenting Programs
Your Facilitators

Today:

**Brian Russell**
Provincial Coordinator
Dad Central Ontario
Cdn Father Involvement Network- Ontario Director

**Patrick Dillon**
Provincial Coordinator
AB Father Involvement Initiative
Cdn Father Involvement Network- Alberta Director

**Jeff McLean**
Supervisor- Abby Dads Program
Abbotsford BC
Cdn Father Involvement Network- BC Director
Nobody's Perfect: A First Experience
The Technology Story
Our Objectives:

- Intros
- Brief review of “Why bother?” Research says.....
- What motivates dads? Tips and Tricks for your program
- Being a female practitioner and working with men
Research Says:
The Effects of Father Involvement: A summary of the Research Evidence (2007)

Sarah Allen (MSc) and Kerry Daly (PhD) of the University of Guelph
GOOD FOR CHILDREN

**Cognitive:**
- School performance
- Problem solving abilities

**Emotional:**
- Locus of control, less impulsive
- Manage emotions appropriately
- Self acceptance

**Social:**
- Positive peer relations
- Less aggression, more tolerance
- Empathetic concern
GOOD FOR CHILDREN: A decrease in negative child development outcomes

Father Involvement protects children from:

- Delinquent and criminal behaviours
- Poverty
- Disruptive behaviours
- Depression

(A recent Statistics Canada study showed teens were less likely to be depressed if they were close to their fathers)

- Incarceration and teen parenthood

(Adolescents who have involved fathers were 80% less likely to have been in jail and 75% less likely to become teen parents)
GOOD FOR RELATIONSHIPS

• Higher satisfaction for marriage
• Happier in relationships
• More connected to family
• Good for relationship stability
GOOD FOR FATHERS

• More parental confidence, perceived importance of parenting
• Better health
• Linked to productivity and community participation
Tips and Tricks

#1 Target Dads

- Dads assume parenting groups are for moms
- Put dads name on the invite or make a personal phone call
- Host group when he can attend
Tips and Tricks

#2 Help Change Moms’ Expectations

- Calming/ Diaper story
- Allow and expect dad to participate
#3 Rethink How You Run Group

- Icebreakers
- Take home projects
- Dads like to be needed
- Dads learn by osmosis
- “course” instead of “group”
- Switch gears often
Being a Woman and Intervening With Men
by Julie Campbell
Questions??

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647-529-7141

Patrick Dillon  
patrick@abdads.ca  
780-407-2931
Your comments/questions please!

Joining in by:
  Telephone
  +
  Adobe Connect Internet Conference

*Use the Text Box...*

Joining by Telephone
  +
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By email:
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Let us know…

*Which presenter the question is for…*

*If you are referring to a particular slide …*
What actions will you take as a result of participating in this webinar?

Answer via Adobe Connect Text Chat or RSVP to Access instruction email.

- Share the information with my colleagues
- Use the information to support our current initiatives
- Use the information to start to develop a new initiative to address this issue
- Visit the Nobody’s Perfect website
- Talk with our Medical Officer of Health
- Organize a community/network meeting
- Other
For More Information

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