



2016 - A YEAR TO CELEBRATE!

After many years, the updated parent kits and other resources were finally released at the end of March! We were able to hold many training and professional development opportunities with extra (1 time) funding from PHAC, and we are very thankful for their extra support this year.

It should be noted that throughout the difficult delay process, facilitator training in Manitoba increased. There were new agencies sending staff to be trained and despite a small decrease in reporting of programs, the Coordinator and Steering Committee did not lose sight of the objective of Nobody's Perfect for families in Manitoba.

We cannot wait to see what the future brings for families and Nobody's Perfect. Within Manitoba, continued partnerships with organizations such as Mosaic Newcomer Network, Aboriginal Head Starts, and Healthy Child Coalitions etc. are key to parents accessing the program. Nationally NPP Manitoba Trainers are in demand. They have delivered facilitator trainings in Yellowknife and Alberta this year. We welcome and congratulate **Catherine Biaya** as newly certified NPP Manitoba Trainer!



NPP Steering Committee:

We welcome new members **Tammy Hossack** from Little Teaching Lodge in Brandon and **Vicki Olatundun** from the Steinbach Family Resource Centre!

Many thanks to outgoing members **Susan Cameron, Karen Naumiuk, Cathy Byard, Patrick Griffith and Traci Wright** for your commitment to Nobody's Perfect and bettering Manitoba families.

Next Steering Committee Meetings are:

Monday December 12th and Monday February 13th
1:00 pm at Youville Centre – 33 Marion St. in Wpg.

All are welcome to attend!

NEW NOBODY'S PERFECT TRAINING STANDARDS AND FACILITATOR GUIDES RELEASED!

This month, the Public Health Agency of Canada released the updated versions of the Nobody's Perfect Facilitator Guides along with the new Training Standards for facilitators and trainers. They held a webinar for master trainers and trainers regarding these a few weeks ago.

I will be holding a webinar on Wednesday February 1st at noon for all facilitators and trainers to discuss how to get your new facilitator guide, program standards updates etc. Watch for call in details via email and on the website.

A Preview: There is more to becoming a certified and active Nobody's Perfect facilitator than just participating in the training. Nobody's Perfect is a program offered across Canada. Quality and consistency are important when offering NPP. It is important that the facilitator complete the **Program Monitoring Form** after their parent series. This information will help us to evaluate the impact of Nobody's Perfect with parents and the facilitator training.

In order to remain an active facilitator, each facilitator should:

- ✓ Offer a Nobody's Perfect parenting series at least once every 2 years. Considerations may be made by the provincial coordinator on an individual basis.
- ✓ Participate in on-going refresher trainings or professional development opportunities on topics related to positive parenting, facilitation skills, principles of adult education or child development, safety, health and behaviour.

Nobody's Perfect facilitators need to continue their learning. Facilitators, whenever possible, should partake in at least 8 hours of professional learning activities every two years in order to maintain standards in facilitation. Facilitators are asked to keep track of their hours in case they are asked to report them to their provincial coordinator. (See pg. 2 for some learning opportunities)

PHAC is also planning 2 webinars in the New Year!

PROVINCIAL OFFICE UPDATES

Note I will be away these dates over the holiday season:

Starting December 19th – Returning on January 9th.

If you require materials for parent groups starting the first or second weeks of January, please place your order prior to December 19th.

Order forms can be downloaded **HERE**





UPCOMING IN 2017.....

PROFESSIONAL LEARNING WORKSHOPS

Hosted by Nobody's Perfect Manitoba

These workshops are designed for all family resource providers, early childhood educators, community health nurses, teachers, social workers settlement workers, and any other interested practitioner who wish to expand their knowledge and skills.

THE 2017 SERIES:

January 13 - Father Fact Friday 1 - Working with Dads: Encouraging healthy relationships (in partnership with All Nations Family Resource Centre)

January 27 - Father Fact Friday 2 - Working with Dads: In Family Literacy (in partnership with Bookmates Inc)

February 7 - My Dad Matters: Engaging Dads workshop and Tool Kit training

February 21 - Fantastic Facilitation

To register and info click [HERE](#) or contact me for more information at info@nobodysperfect.ca



National Conference:

Side by Side: Working with Vulnerable Fathers

Nobody's Perfect Manitoba has worked hard over the year offering program facilitators information on the importance of fathers and how to support them. Our series of My Dad Matters Professional Learning Workshops engaged over 200 practitioners across the province! The NPP Steering Committee is committed in continuing our efforts to support father involvement initiatives and facilitator capacity building. Nobody's Perfect Manitoba is very involved with Dad Central Canada in hosting the Canadian National Father Involvement Conference to Winnipeg on March 1 & 2! Plan to attend! Download program [here](#)

FACILITATION CORNER:

Facilitators hold the key to the success of Nobody's Perfect.

They are the ones who draw parents into the program. If effective, they enable parents to become equal partners in the learning process. If very skilled, facilitators may help groups continue on their own or assist individuals in recognizing their potential for self-help and mutual aid.

Continue your success by remembering your role as 'guide on the side'. Watch this [YouTube](#)

Check out *Things Dads Do* [Blog](#) by Dad Central!



UPCOMING NPP FACILITATOR TRAINING

TBA (early 2017)	- Thompson
TBA (spring 2017)	- Rivers (WestMan)
June 5, 6, 7 & 8 2017	- Winnipeg

Don't miss the Nobody's Perfect Manitoba facilitator and trainer webinar scheduled for Wednesday February 1st at noon! (See pg. 1 for details)

RESOURCES

Our parent kits now have been translated into **Arabic, Punjabi, Spanish, Simplified Chinese and Inuktitut!** FRP

Canada will be printing and selling them soon!
Watch [HERE](#) for details!



Happy Holidays Everyone!

May you all have a wonderful holiday season
with your family and friends!
Enjoy yourselves and see you in 2017!



-Carmen-

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Feedback from NPP Parents:

"It's a good program, not judgmental"
"I really loved how everyone was so welcoming.
Love all the brain working activities"
"I enjoyed what we did. Childcare was wonderful!
My son has learned to be away from mom"
Quote from young dad "learning is fun"