



Greetings,

It is with great pleasure that I reach out to you to acknowledge and thank you for your ongoing efforts and hard work in delivering the Nobody's Perfect Program (NPP), particularly over the past year during the COVID-19 pandemic, which has been a difficult time for all.

As a facilitator, trainer or Master Trainer, you play a pivotal role in supporting those in our communities who face significant health inequities and day-to-day challenges. The COVID-19 pandemic has magnified the issues facing these populations, and has demonstrated more clearly than ever the importance of the NPP. The NPP helps bridge the health disparities gap by providing important resources for parental support, and by helping families to establish vital social connections, as well as connections to other programs and services in the broader community. The work that you and your organization are doing to provide support to parents and families is valued and life changing.

I know this has not been an easy task over the past year. Your dedication, perseverance and innovation to adapt the NPP program to the virtual environment has been incredible. We are grateful that you have taken this initiative to address the new needs of your participants and communities during a time of uncertainty, stress and change. We were also pleased to see the work of the NPP highlighted in the "*Case Studies of Programs to Promote and Protect Nurturing Care during the COVID-19 Pandemic*" report (published in February 2021, and prepared in partnership with the World Health Organization and the LEGO Foundation), as one of a few programs worldwide that has continued to reach and meet the needs of families during the pandemic.

On behalf of the Public Health Agency of Canada, thank you for your leadership and ongoing commitment to delivering the NPP. We look forward to continuing to work with you in the effective delivery of this special program. Through your hard work and dedication, the NPP has made a difference in the lives of many participants living in isolated and vulnerable situations, and I wish you continued success.

Sincerely,

Candice St-Aubin

Vice-President

Health Promotion and Chronic Disease Prevention Branch