## NPP CHATS 2023 VIRTUAL



# WORKSHOPS & Networking Series



#### Tues Jan 10th 1-2 pm

South Winnipeg Family Information Centre

Facilitated by Karla Rawluk. Karla sits on our provincial NPP Steering Committee and regularly runs Nobody's Perfect and My Dad Matters groups. Learn what SWFIC offers to the community and ask Karla how she makes her parent groups a success!

### Thurs Mar 16th 11am-12pm

Huddle South Central - Youth Hub

Facilitated by Mirella Edwards Hub Coordinator. Huddle offers mental health, physical health and addictions services, employment counselling, peer support and outreach in both French and English. The services at Huddle are provided by the Youville health centres, in collaboration with Centre de santé St. Boniface, Aulneau Renewal Centre, Sara Riel, Marymound, Women's Health Clinic and Teen Stop Jeunesse. Services are free of cost and free of judgement and they also love to have fun there! Learn about the services and programs Huddle offers!

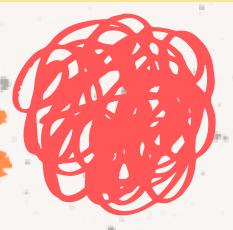


## Wed April 12th 2:30-3:30 pm

Mosaic Necomer Family Resource Network

Facilitated by Gabriela and Maisa'a, both are NPP facilitators and now Trainers! Maisa'a sits on our provincial NPP Steering Committee. Learn all about Mosiac and the great work they do to not only support necomers but how they have become a strong partner to a variety of agencies. Come and ask Gabriella and Maisa'a their strategies to engaging partners and parents.

#### Fri May 12th 2-3 pm Milk Mentors - Youville Centre



Facilitated by Roxanne Nurse Project lead and Peer Connector Robyn. Robyn is a NPP facilitator and sits on our provincial NPP Steering Committee. Milk Mentors program is a free program for parents looking for support in breastfeeding and/or pumping. The program is led by parent volunteers and parents are matched depending on the type of support they are looking for; this can look like texting, video chat, group or 1:1, etc. Find out more about this new approach and resource for families.



Tues June 20th 12:30-1:30 pm

Bookmates

Bookmates develops a variety of inter-generational early literacy programs to enhance the learning of both children and adults. They also offer a range of professional development workshops across the province (& virtaully) on early childhood development and family literacy topics for service providers. Come eat your lunch and discover the new programs and resources Bookmates have to offer!